# **HFMUSCAT** 43rd World Hospital Congress

Save the date 7-9 November 2019 Oman Convention and Exhibition Centre

# "People at the heart of health services in peace and crisis"



www.worldhospitalcongress.org | worldhospitalcongress@ihf-fih.org

## Introducing Oman to the World - Where Everyone is Welcome.

The Oman Ministry of Health is delighted to welcome you to the Sultanate of Oman for the 43<sup>rd</sup> IHF World Hospital Congress to be held in Muscat from 7-9 November 2019.

Over the years, the healthcare system in Oman has made monumental steps in improving the medical facilities and infrastructure. Join global health care leaders and industry specialists to share thoughts on the strategies and infrastructure of the healthcare system.

Discover Oman's authentic culture, heritage and breathtaking beauty at the 43<sup>rd</sup> IHF World Hospital Congress in the capital city of Muscat.

Presented by:





Ministry of Health Sultanate of Oman

# For more information visit experienceoman.om

# Explore the Sultanate of Oman

Immerse yourself in Omani life. Visit famous sougs, forts and castles, museums, traditional villages, desert safaris or relax at luxury seaside resorts and spas.

For the more adventurous, retrace the historic frankincense route, or try trekking, sailing, scuba diving or whale watching. Wherever you go, you will be most welcome.















### **Forts and Castles**

Oman is steeped in history with more than 500 forts and castles scattered throughout the country. Jibreen Castle is considered one of the finest examples in the region.

### **Muttrah Souq**

Infused with incense, the souq retains the charm of a traditional Arab market. Omani antiques are amongst the offerings, alongside textiles, hardware and the famous gold boutiques.

### Sultan Qaboos Grand Mosque

Heralded as the second largest mosque in the world. The breathtaking interior of the mosque's dome, an eight tonne Swarovski crystal chandelier, exquisitely carved doors, stunning stained-glass windows and the 1,700 million knot single piece Persian carpet make the main prayer hall a sight to behold.

### Wadis

Oman is blessed with a number of waterways and valleys known as 'Wadis'. Nestled amongst palm trees, these cool and inviting oasis are spots for both Omanis and visitors to explore, relax and refresh.

### **Muscat Museums and Places of Interest**

The city of Muscat showcases its history with plenty of galleries and museums including the magnificent Oman National Museum and The Royal Opera House Muscat - a world-class centre for performing arts; showcasing cultural performances from around the world.

### **Traditional Villages**

Take time to explore the lanes of traditional villages that were built thousands of years ago and the genius of the Aflaj irrigation systems.

### **World Heritage Listed Sites**

The Sultanate has four UNESCO World Heritage Listed Sites - the Five Aflaj, Bahla Fort and Wall, Bat Tombs and Settlement and the Frankincense Route. Oman has the greatest concentration of Bronze and Iron Age monuments including megaliths that pre-date Egypt's pyramids.

### **A'Sharqiyah Sands**

Deserts activities include sand surfing, dune bashing, and sleeping in luxury camps under a star-studded night sky.

### **Dolphin and Whale Watching**

Dolphin pods visit the shores of Oman in large numbers and are a regular sight. Whale species that visit Oman include Blue, Humpback, Sperm and Killer Whales.

### **Turtle Watching**

At the Ras Al Jinz Turtle Reserve thousands of sea turtles migrate annually to the shores of Oman to lay their eggs in some of the largest nesting sites in the world. Oman is home to five of the seven species of sea turtles including the Hawkesbill, Olive Ridley and Green turtles.