

La Unió

Health Insights

Understanding the
Catalan Health System

Catalonia · Spain · Health & Social Care

WHO WE ARE?

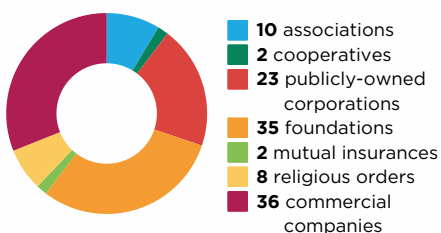
A leading reference in Catalan healthcare

La Unió is **a key stakeholder** in the Catalan Health System and **a leading reference** for the distinctive nature of Catalonia's health and social care model. Through good governance, ethical and professional management, diversity and innovation, and results evaluation, it seeks to contribute, through its member organizations, **to improving the health of people and society as a whole**.

WHAT WE REPRESENT

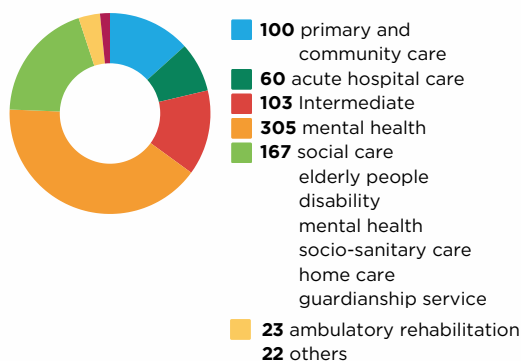
Plurality

+115 members



Transversality

+770 healthcare and social care devices



Territoriality

From the Catalan health and social proximity model with an associative network covering the entire territory.



+75.000
Professionals

65%
Of the public health system

OUR SERVICES

Knowledge & immersion programmes

1. MASTERCLASS

The Spanish and Catalan health systems. The session provides an in-depth review of the history, structure, organization and governance mechanisms of both systems.

2. SPECIFIC MODULES

Knowledge pills, specially tailored to the group's interests, that allow participants to explore in further detail certain topics. The modules include how the challenge is addressed at the systemic level, La Unió's line of work and the participation of an expert.

Social and health care integration: The module explores the Catalan model of integrated care between health and social services, a key response to aging populations and chronicity.

Health and climate: This session presents the growing recognition of climate change as a determinant of health. It includes an overview of Catalonia's green health agenda and highlights strategies to reduce the environmental footprint of healthcare organizations.

Prospective analysis of the health sector's upcoming challenges: This module uses a forward-looking approach to discuss key drivers of transformation in healthcare: demographic shifts, technological innovation, workforce shortages, and evolving patient expectations, amongst others.

Payment schemes and contracting mechanisms: This session examines how Catalonia designs and implements its healthcare payment and contracting systems within a public network with multiple providers.

Information Systems & Innovation: the Catalan Electronic Health Record (HC3) is one of the most advanced HER schemes in Europe. This module analyzes its technical and governance model, including data access protocols, interoperability, the regulatory and ethical framework on data protection, cybersecurity, and issues related with the adoption of AI in daily clinical practice.

Health planning: This module introduces the tools used for territorial planning, population stratification, service portfolio design, and the role of health authorities and provider networks in ensuring equitable access, quality, and sustainability.

3. SITE VISITS

To health and social organizations associated to La Unió.

4. CONTACT WITH HEALTH AUTHORITIES

La Unió also offers the possibility of getting to know the Regional Health Ministry of Catalonia, and the bodies responsible of deploying the functions of insuring, financing, planning and evaluating the health system.

OUR PREMISES



SITE VISITS

Across the full spectrum of care

MONOGRAPHIC HOSPITALS

PRIMARY HEALTH CARE

TERTIARY AND UNIVERSITY HOSPITALS

GREEN HOSPITALS

MENTAL HEALTH & ADDICTIONS

INTERMEDIATE CARE

SOCIAL & HEALTH CARE INTEGRATION



Our network is broader, so we can easily adapt to your preferences and needs.

PROVEN BY EXPERIENCE

What our visitors say

“The UAB delegation is extremely grateful to our partners at La Unió for organizing an exceptional learning experience during our international health system visit! Our group was moved by the pride in the Catalanian health system and the warm hospitality of our hosts. We were inspired by the commitment to innovation, the balance of structure and agility in the governance of the system, and the focus on providing high quality and compassionate care to entire population. Each member of our group has returned with a broader worldview and a new perspective on our roles in improving health and health care”.



Leandra Celaya

Director of Operations, Executive Doctoral Program
The University of Alabama at Birmingham (2024 delegation)



CONTACT WITH US

Get in touch



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